

HOOF PRINTS

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National Center for Equine Facilitated Therapy

Summer 2008

Quarterly Newsletter
www.nceft.org

NCEFT
NATIONAL CENTER FOR EQUINE
FACILITATED THERAPY

*You are cordially invited to a
Gala Dinner and Auction
Under the Stars*

*Saturday, September 20, 2008
6:00 PM*

*at
NCEFT
880 Runnymede Road
Woodside, California*

*Honorary Chair
Ray 'Hap' Halloran*

Rsvp: Lilly Schulte

\$200 Per Person

650-325-8760

\$2,000 Private Table of 10

askmisslilly@sbcglobal.net

Checks payable: National Center for Equine Facilitated Therapy
A CALIFORNIA NON-PROFIT CORPORATION
A Legacy of Healing and Hope

NCEFT Gala Dinner and Auction Under the Stars

On Saturday, September 20, 2008, NCEFT will hold its first annual Gala Dinner and Auction Under the Stars at our Center on Runnymede Road. An event committee has been formed, under the direction of the Board Development Committee, and planning is underway. If you are interested in helping out with this event or making a donation in support of this important fundraising effort, please contact Mary Goulart at mary_goulart@nceft.org. or call 650-851-2271 ext. 3#. For ticket information and reservations, call Lilly Schulte at 650-325-8760 or email her at askmisslilly@sbcglobal.net.

An Important Call for Help

The success of the upcoming Gala Dinner and Auction is of utmost importance to us. We are reaching out to our friends, neighbors, community supports, volunteers and families, seeking support and assistance.

If you have contacts, personal or professional, who may be interested in buying event dinner tickets or donating quality items for the auction, please send them the invitation or the contact information above.

We welcome gift certificates, leisure and travel items, collectibles, antiques, jewelry, fine art, new toys / book, wine etc. These assorted donations, small and large, will either be packaged together in theme baskets for the silent auction or used as live auction items. Every little bit helps and our gratitude for your support is heartfelt.

New Staff, Interns and Position Changes

Has everyone met Tineke Jacobsen and Katheryn Rollo? Tineke is a Physical Therapist that works on Wednesday and Katheryn is an Occupational Therapist who currently works on Monday and Friday. In addition, two new horse handlers have joined the team, Poppy Coulter and Avery Brown. Kristen Hatten and Maia Wolff are our two recent graduates working with Chris for their P.T. and O.T. internships.

Our Physical Therapist, Chris Swan, has accepted the position of Program Director with responsibility for all the therapeutic programs at NCEFT, including our Therapeutic Riding and Interactive Vaulting. All therapists now report to Chris. Chase Doverspike has left NCEFT to pursue other endeavors.

NCEFT's Events – Looking Back and Looking Forward May Day Parade

On Saturday, May 3rd, NCEFT participated in the Annual Woodside May Day Parade. Celebrating behind the large NCEFT banner were children from our programs and their parents, volunteers and staff. Joining the festive parade were two of our therapy horses Ben and Sebastian, as well as Lucy, our friendly baby goat, all decked out in the Jazz Theme with beads, musical notes and bright colors.

Volunteer Appreciation BBQ

The Volunteer Appreciation BBQ was held on Sunday, June 1st attended by over 50 volunteers plus families. Members of the NCEFT board of directors and staff enjoyed cooking and serving our guests.

NCEFT is lucky to have a very talented and devoted core of volunteers. We treasure these individuals, who consistently and continually give of themselves every day, every week, every month and every year for the benefit of the Center and the special people we serve.

Los Altos Hounds Stable Tour

NCEFT was honored to participate as a site on the 2008 Los Altos Hounds Stable Tour. Members of this organization provided lunch under the trees at NCEFT for the participants of the Stable Tour. Guests also learned more about the programs and services at NCEFT and observed a number of demonstrations for both hippotherapy and Therapeutic Riding.

2008 NCEFT Ride-a-Thon

Over 65 riders attended the 2008 Annual Ride-a-Thon at the Mounted Patrol Grounds of San Mateo County – an event that has been held for the past 14 years benefitting NCEFT. The riders were treated to a perfect day and the awards and prizes were better than ever!

For the first time, three members of our Veterans Program from the VA/Palo Alto rode NCEFT therapy horses and received a standing ovation at the awards presentation.

Everyone, including riders, patients and family members, veterans, guests, volunteers, board members and staff enjoyed a delicious BBQ luncheon prepared and served



by our local Woodside-Portola Valley Rotary Club.

Over 40 volunteers joined the effort and helped with pre-event preparation, registration, set-up, award presentation, cooking, serving and clean up. That is what we call team work ? and what a team! On behalf of NCEFT, we'd like to thank every one of you who helped make this event possible this year!

Volunteer Horse Care Trainings

Over the years, NCEFT has gone through different phases of having volunteers involved in the actual care of our therapy horses. Recently, it was decided that we wanted to allow our volunteers to take a more active role in handling, grooming and caring for our horses. As a result, two Volunteer Horse Care Training sessions were offered with almost 40 volunteers attending.

The objective of these trainings is to provide those volunteers who desire more hands on involvement with the horses, an opportunity to learn NCEFT's horse care and handling protocol. It is still important that all volunteers interested in working with our horses, regardless of their horse experience, have a general understanding of our horse care expectations and policies.

The training sessions were such a success that we are planning another one on Wed., Aug. 27 at 2 p.m. Please contact Mary Goulart at mary_goulart@nceft.org, or call 650-851-2271 ext. 3# with questions or to reserve a volunteer spot. We are also considering offering an advanced Horse Handling training for volunteers who want to further their knowledge and involvement with our special therapy horses.

Volunteer Opportunities:

- Administrative Tasks
- Community Outreach
- Computer Assistance
- Fund Development
 - Grounds and Maintenance Help
 - Header
 - Sidewalker
- Small Animal Care
- Special Events

Treatment Animals:

Therapy Horses: Ben, Boon, Cody, Danny, Honey, Java, Jazzy, Leo, Odie, Sebastian, Tucker

Small Animals: Roxy (mini horse), Willy & Wonka (mini donkeys), Goats; Charlotte, Lucy, Tank, Wilbur

Cat: Shadow

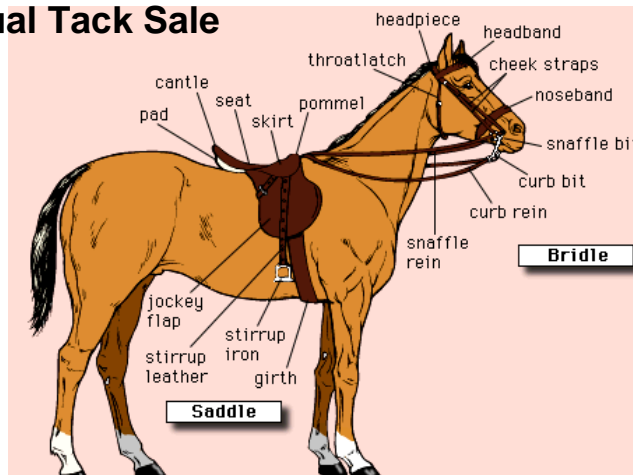
Chickens: Too many to name!

NCEFT Annual Tack Sale

Over the years, NCEFT has offered the local horse community the opportunity to buy second hand horse items, such as tack, horse blankets, horse care books and tapes and

related paraphernalia. As with any sale of this type, there are always amazing bargains and treasures to be found.

The generosity of our supportive community brought in hundreds of quality items. We were so pleased to be able to donate all the remaining items to the victims of our recent California fires. Many of our fellow horsemen lost much in these devastating fires. Our donations helped them begin to rebuild their lives with their horses, and we wish them the best in doing so.



Volunteer Reminders:

Please remember to sign in and out, each time you volunteer. Names tags are encouraged because it helps everyone know who's who, so if you do not have one or have misplaced yours, please let Mary Goulart know. Be sure to keep your cell phones off and don't leave valuables visible in your cars while parked on site.

Woodside Day of the Horse

Saturday, October 11, 2008 is the annual Woodside Day of the Horse.

NCEFT is privileged to serve as a Ride Stop at 880 Runnymede Road. NCEFT will also have an exhibit booth at Town Center during the day. If you are interested in assisting on this event day, please contact Mary Goulart at mary_goulart@nceft.org or call 650-851-2271 ext. 3#.



NCEFT's Holiday Celebration

December 14, 2008
12:00 noon to 3:00 pm

Every year, NCEFT celebrates the holiday season with a special party for all those involved with the organizations. Families, patients, volunteers, board members and staff all join together and share amazing stories of success and memories of another good year together.

Santa comes every year, riding in on horseback and loaded with toys and presents for each child in attendance. This joyous occasion is not to be missed so put it on your calendars NOW!

NCEFT 2008 Calendar of Events August thru December

AUGUST

- August 9th; Menlo Charity Horse Show
- August 16th thru September 14th; Fall Break

SEPTEMBER

- September 1st; Labor Day – NCEFT Closed - Holiday
- September 15th; Fall Session Begins
- September 20th, Gala Dinner & Auction

OCTOBER

- October 11th; Day of the Horse –
----- Volunteers Needed -----

NOVEMBER

- November 27th; Thanksgiving Day – NCEFT Closed - Holiday
- November 28th; Day after Thanksgiving – NCEFT Closed - Holiday

DECEMBER

- Annual NCEFT Holiday Party – December 14, 2008 –
Mounted Patrol Grounds, Woodside
----- Volunteers Needed -----
- Winter Break – December 19th through January 5th, 2009
- December 24th; Christmas Eve – NCEFT Closed - Holiday
- December 25th; Christmas Day – NCEFT Closed - Holiday

Volunteer News and Acknowledgments

NCEFT is so fortunate to have a strong, dedicated and highly talented core of volunteers supporting its programs. The gradual influx of new volunteers has enabled us to keep the sidewalking schedule full, despite the regular fluctuation of volunteer numbers, those coming and going, depending on the needs and responsibilities in their individual lives.

The job of training, scheduling and retaining volunteers can be challenging, but the rewards of working with such a dynamic group of people who give so generously of their time, outweighs any effort it takes to keep our core growing. We'd like to remind each of our volunteers, how grateful we are for their services. We encourage feedback on what makes volunteer "work" at NCEFT most enjoyable as well as how we can best retain and utilize individuals and their unique talents.